

# YOU DON'T NEED A PHILOSOPHY DEGREE TO CHOOSE WISELY



## WALK

Walking can reduce stress and improve your fitness. It gives you time to listen to music, podcasts or catch up on missed lectures. Join the movement – 20% of trips in Greater Hobart are made on foot. All you need is a decent pair of shoes!



## CYCLE

Get on your bike and stay fit and healthy. Forget your petrol and parking bills – there are great bike facilities available at UTAS. Depending on where you live, it might even be quicker than driving. Worried about hills? Try an electric assisted bike – all the benefits and half the effort.



## CARPOOL

If you must bring your car, don't travel alone. Share the journey, help reduce greenhouse gas emissions and access priority parking. Sharing the costs will also save you money on fuel, parking and car maintenance.



## CATCH A BUS

Public transport is cheaper than the cost of owning and operating a car. Save fuel and parking costs, and help reduce traffic congestion and air pollution. You get time to think and time to read – less stressful than driving a car.

Simple Actions Towards  
**Sustainability**



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TASMANIA**