



## Program and Activities

### Zones

#### Activity zone

Check-out a range of fun activities that are designed to engage, challenge and inspire.

#### Quiet activity zone

Our quiet zone will help you to move the body and focus on slowing down the mind. Find the activity schedule outside.

#### Speaker space

Boasting a diverse range of topics, our speaker space will touch on subjects from food sustainability, a day in the life of a local social worker, our latest research in several areas as well as community organisations sharing their services. Check-out the scheduling placed outside.

### College of Arts, Law and Education (CALE)

#### Social Sciences

Learn how culturally responsive health services and education grow community wellbeing.

#### Social Work

What does a social worker look like? What do they do? Challenge your perception of the profession and find out more on studying to become one. Talk with a student ambassador on their experiences in the classroom and on placement.

#### Media

Food sustainability is a growing interest area for many. Hear from the University's leading expert in the field, Professor Alana Mann. Take a deeper dive into the topic of food in a changing climate and how what we eat impacts our personal health and environment.

### College of Business and Economics (CoBE)

#### Marketing

Healthy eating habits and how to make them. Discover practical tips and strategies for incorporating healthier food choices into your daily life.

#### Tax Clinic

Changing lives one return at a time. Visit Donovan at the Tax Clinic and take the stress out of tax time.

#### Associate Degree in Applied Health and Community Support

Who would you save following a disaster? The Lifeboat Challenge is designed to explore ethical dilemmas, bias, judgement and decision-making.

#### Associate Degree in Applied Technologies

You know what you look like on the outside, but what about on the inside? Slip on some goggles and enter the world of virtual reality and explore the body from the inside.

### College of Science and Engineering (CoSE)

#### Geography, Planning and Spatial Sciences

How do you connect with nature, how does this make you feel and what are the impacts? Enter the storytelling pod to share your nature connection story and help contribute to nature connection research.



#### Sustainable living

Are you passionate about creating a sustainable future? Learn about sustainability on a local, national and international level.

## College of Health and Medicine (CoHM)

### Rural Clinical School (RCS)

Find out more about foods and fats, listen to your companion's heartbeat or name the parts on our 3D interactive model Ken and Skelly the Skeleton.



### Nursing

Explore our first-class facilities right here on the North West Coast. Learn more about the advancements in simulation-based education and listen to short talks on a range of research projects including nurse-led hip assessment in neonates, mental health nursing advancements, children's health literacy and much more.



### Pharmacy

What medicines are used to prevent and treat infections in humans? For the adults, take a quiz and test your antimicrobial knowledge and for our little learners take the challenge of making the best virus/bacteria using playdough.

### Menzies Institute of Research

A new Cardiovascular Flagship project is being launched by a team of dedicated researchers. The team can answer questions about exactly what the flagship will look like and how people can participate.

### Wicking Dementia

Ever wondered what inside a brain looks like!? Walk through our giant inflatable brain, find out more about our programs including the ever-popular Massive Open Online Courses (MOOC) and chat with the team about the latest research into dementia.

### Psychology

What is a neuron and how exactly do they work? Learn more about neurons and even take some time to build them with our psychology team.

### Speech pathology

Chat with our speech team about what led them to taking a pathway into speech pathology. Discover where studying speech pathology can take you.

### NW Hypertension

Participate in the teams' online survey and discover the projects aims, methodology current findings.

## Education Centres

### Riawunna

Enjoy a walk and yarn with proud Pakana man Brendan. Learn more about the abundant landscape of pataway (Burnie) on which our University sits. Enjoy a tasting of wallaby cooked by celebrated artist and cultural practitioner Dave Mangenner Gough.

### Children's University

Follow the trail and explore all HealthFest has to offer. Complete activities from participating stalls and receive passport time. Our Children's University team can be found at the entrance and will be on-hand to answer any questions. Don't forget to see them as you enter to collect your trail paper and when leaving to receive your hours.

### Study options and pathways

Chat with our friendly Future Students team about studying at the University of Tasmania. Have a question about a particular course, scholarships or accommodation or even what life is like as a student; our expert team can help answer all these questions and more.

## Exhibitors

### AFL Tasmania

Join members of the women's Tassie Devils squad and practice your skills alongside some up-and-coming local talent.



### Asthma Tasmania

Working with people who live with Asthma, their families and communities; Asthma Tasmania is all about assisting people to take control of their condition and access services to meet their needs.



### Australian Breastfeeding Association (ABA)

Raising awareness among local families of ABA's provision of practical mother-to-mother peer support, up-to-date and evidence-based information and antenatal breastfeeding education to help families on their breastfeeding journey.

### **Australian Red Cross Lifeblood**

Ever thought of donating blood or plasma? Do you have questions about what may be involved or how you can help save lives, the Red Cross team will be on-hand to answer all your questions.

### **Buddy Up Australia**

Buddy Up Australia connects current and former serving military and first responders, and their immediate families to their communities through physical fitness, social activities and purposeful volunteering.

### **Cancer Council**

Around 10 Tasmanians are diagnosed with cancer each day – this makes the work of the Cancer Council Tasmania team vital to the health of our community. Talk to the friendly team about cancer prevention, raising awareness or accessing support.

### **Care Beyond Cure**

The team at Care Beyond Cure aim to relieve the suffering and distress of individuals with a diagnosed prognosis. Chat with them about what services they provide and how they may be able to help.

### **Care2Serve**

Are you an unpaid carer? Or maybe have questions about Carer Gateway services. Dedicated support is available to those in a caring role and Care2Serve are here to answer your questions.

### **Department for Education, Children and Young People (DECYP)**

Meet a school health nurse or social worker and find out more about the services they provide. How do you become a school health nurse, social worker or speech pathologist?

### **Family Based Care**

Family Based Care focuses on wellness, rehabilitation and supporting people at home. Chat with the team about what services are available.

### **Food Plants Tasmania**

Celebrating and contributing to the health and wellbeing of the community by raising awareness of great nutrition of local food plants in Tasmania and beyond.



### **Mission**

Have an NDIS question? Mission Australia is a not-for-profit organisation that services the community with community programs, Disability Employment Service and an NDIS Team.

### **Pharmacy Guild**

Visit members of the Guild to chat about medications, vaccines and more.

### **ProMed**

Want your blood pressure checked or how about your blood sugars? Visit the qualified ProMED team to learn more.



### **School Food Matters**

Jump on the smoothie bike and peddle for a tasty treat. Chat with the crew about healthy food options to pack in lunches and a whole lot more.



### **St Giles**

With a range of services available, St Giles will be there on the day to chat with community members about these services and how they can be accessed.



### **Stroke Foundation**

Do you know the signs of stroke? The Stroke Foundation partners with the community to prevent stroke, save lives and enhance recovery.

### **TasTAFE**

Chat with the TasTAFE team about their range of courses and career pathways.

### **The Drum Collective**

Join Jodhi and experience drum therapy. Explore the power of drums and their ability to create harmonious transformations.

Proudly partnered with

# HealthFest Map

## FIELD BUILDING

