

Sport Reflection

Do you play for a sports club and want to collect hours? Answer the questions below to earn ten hours in your *Passport to Learning*.

Which sport did you participate in? _____

1

Draw a picture of yourself practicing different skills you've learned this year.

2

Explain the different skills you are demonstrating in the drawing above.

3

How much did you enjoy playing your sport this year?

(Colour in the letter)

A A lot

B Mostly

C Not at all

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- 4 Explain your answer to question three in at least one sentence. Use the word 'because' in your sentence.

- 5 Complete the T-chart to show what you've learned and what you'd still like to learn about your sport. Use dot points.

The skills and knowledge I've learned are...

I'd still like to understand and know about...

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- 6 What was your favourite moment during practice or games this year, and why did it stand out to you?

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7 How did working together with your team make playing sports even more fun? Can you share a specific moment you enjoyed? If you play an individual sport who around you makes your sport more fun?

8 Find out about jobs that involve the sport you play. List at least 5 jobs and give examples of what you would do in that job.

Job	Examples

Complete this form and return it to your CU Coordinator to earn up to ten hours in your *Passport to Learning*. **Limit of ten hours per activity per year.**